

## The DOs and DON'Ts of managing incontinence

**DO** give your bitch plenty of opportunity to urinate normally, especially last thing at night.

**DO** clip very hairy dogs around the tail area, to help keep them clean.

Until the condition is controlled, **DO** wash the tail area and hind legs thoroughly, twice a day, with a mild dog shampoo. Pat dry and apply a protective layer of Sudocreme or Vaseline to the skin.

**DO** wash and change your dog's bed as often as possible. Vetbed can be used to allow urine to soak away from your dog's skin.

**DON'T** reduce access to water, as this can seriously damage a dog's kidneys.

**DON'T** punish your dog for wetting - this will simply compound the problem.

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## Canine incontinence and how to treat it



## A common problem

Canine incontinence occurs in about 1 in 5 bitches after they've been spayed.

The condition usually results from depleted oestrogen levels, due to the removal of the bitch's ovaries.

Fortunately this incontinence can be easily treated with Incurin®: a convenient, once-daily pill.

## Signs to look out for

The sooner you begin the more effective the treatment usually is. So it's worth looking out for any early signs.

The first indication is often a smell emanating from the bedding, or damp patches where the bitch has been sleeping. You may also notice small dribbles of urine when she barks or becomes excited.

If allowed to continue unchecked, incontinence can eventually lead to sores around the urethral opening and secondary conditions such as cystitis.

## How does Incurin work?

Incurin replaces the missing oestrogen, in much the same way that HRT is used by menopausal women. In fact, the main ingredient in Incurin is the same hormone that has been successfully used to treat humans for more than 30 years.

The incontinence will usually resolve in a few days.

